

From Basics to Brilliance

Unlocking the Power of Cannabinoid Medicine



Program

ANZCCP INAUGURAL CONFERENCE 2024

17
and
18

February
2024

Radisson Blu Plaza Hotel Sydney

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Agenda

of the conference



Saturday
17 February 2024

DAY 1 Authorised Prescriber or Confident Nurse Practitioner Course

8:00am - 8:45am **Registration**

8:45am - 9:00am **Welcome**

President of ANZCCP Dr Orit Holtzman, MBBS, PhD

9:00am - 10:00am **Introduction**

- **The history of cannabis** Dr Imran Khan, MBChB, MRCGP
- **The cannabis plant** Dr Imran Khan, MBChB, MRCGP
- **The endocannabinoid system, phytocannabinoids, terpenes and whole plant medicine** Dr Orit Holtzman, MBBS, PhD

10:00am - 10:40am **Main Indications**

- **Introduction to clinical implications** Dr Orit Holtzman, MBBS, PhD
- **Chronic Pain** Dr John Teh, MBBS - pre-recorded

10:40am - 11:00am **Morning Tea**

11:00am - 1:00pm **Main Indications (continued)**

- **Anxiety** Dr Orit Holtzman, MBBS, PhD
- **Cancer pain and symptoms** Dr Gull Herzberg, FRACGP, MBBS, BSc (Hons)
- **Multiple Sclerosis** Dr Gull Herzberg, FRACGP, MBBS, BSc (Hons)
- **Insomnia** Dr Orit Holtzman, MBBS, PhD

1:00pm - 2:00pm **Lunch**

2:00pm - 3:00pm **Main Indications (continued)**

- **PTSD** Dr Orit Holtzman, MBBS, PhD
- **Epilepsy** Dr Gull Herzberg, FRACGP, MBBS

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3:00pm - 3:30pm **Safety Considerations** Dr Orit Holtzman, MBBS, PhD

- *Side effects and relative and absolute contraindications*
- *Driving*
- *Drug Interactions and safety*

3:30pm - 4:00pm **Afternoon Tea**

4:00pm - 4:30pm **Prescribing: Practical Considerations**

Dr Gull Herzberg, FRACGP, MBBS, BSc (Hons)

- *Choosing a product and product categories*
- *Dosing and titration*

4:30pm - 5:00pm **Access Pathways** Dr Imran Khan, MBChB, MRCGP

- *SAS B*
- *AP's*
- *The AP approval and how to use it appropriately*

Breakout Alternative

4:30pm - 5:00pm **Access Pathways for Nurse Practitioners**

Lisa Dick, Nurse Practitioner

6:00pm - 8:00pm **Networking Drinks**

Lady Fairfax Room



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Sunday
18 February 2024

DAY 2 Mastery: Masterclasses and Expert Panels

Elevate your expertise with specialised masterclasses and engaging expert panel discussions. Dive into advanced topics, participate in in-depth discussions, and refine your skills in cannabinoid medicine.

8:00am - 8:45am **Registration**

8:45am - 9:00am **Welcome**

President of ANZCCP Dr Orit Holtzman, MBBS, PhD

9:00am - 10:00am **Masterclass**

The Endocannabinoid system and trauma:

How does the body keep the score?

Presented by Dr Jamie Rickcord, MBBS, FRACGP, BSc (Hons), MSc

10:00am - 10:30am **Case Studies**

Presented by A/Prof Judith Lacey, MBBS, FRACGP, FACHPM (FRACP)
Lisa Dick, NP

10:30am - 11:00am **Morning Tea**

11:00am - 12:00pm **Masterclass**

Medical cannabis in neurodevelopmental and behavioural disorders.

Presented by A/Professor Daryl Efron MBBS, FRACP, MD

12:00pm - 12:30pm **Expert Panel**

What am I - a dispensary???

The ethics of flower prescribing

Facilitator - Dr Gull Herzberg, VP ANZCCP

Panel Members - Dr Orit Holtzman, President ANZCCP

Dr Nic Giummarra, VP CCA

Emily Rigby, Chair, AMCA

Jit Chong, Pharmacist

Lisa Dick, Nurse Practitioner

Natalie D'Alessandro, Patient Advocate

Agenda of the conference



Sunday
18 February 2024

12:30pm - 1:00pm **TGA presentation - Regulatory Issues**

Presented by Mr Dean Apolloni, B.Pharm, GradCertPharmPrac, MPS
A/g Senior Pharmacist, Special Access Section, TGA

1:00pm - 2:00pm **Lunch**

2:00pm - 3:00pm **Masterclass**

Prescribing medicinal cannabis for patients with a history of cannabis use disorder and effectively managing CUD with cannabinoid medicine

Presented by Professor Nicholas Lintzeris BMedSci MBBS PhD FChAM

3:00pm - 3:30pm **Expert Panel**

Indemnity and other legal issues in medicinal cannabis prescribing

Facilitator - Dr Gull Herzberg, VP ANZCCP

Panel Members - Dr Orit Holtzman, President ANZCCP

Dr Laurence Kemp, Head of Medical, Can I Help

Jit Chong, Pharmacist

Mat Henderson, Lawyer

3:30pm - 4:00pm **Afternoon Tea**

4:00pm - 5:00pm **Masterclass**

Medicinal cannabis in geriatrics, the elderly and dementia.

Presented by Professor Peter Gonski, BMedSc, MBBS Hons UNSW, FRACP

Why not become an ANZCCP member?



Our Speakers



Dr Orit Holtzman

ANZCCP President

Co-Founder and President of the ANZCCP and Co-founder and Director of Leura Wellness where she practices functional medicine with a focus on cannabinoid medicine.



Dr Gull Herzberg

ANZCCP Vice President

Vice President of the ANZCCP and working as an Integrative Medical Practitioner incorporating the use of medicinal cannabis for a wide range of conditions including but not limited to chronic pain, MS and PTSD.



Dr John Teh

ANZCCP Founding Board Member

Medical Director and Educator of PlantMed Medical Cannabis Clinic. He has been working within the Medicinal Cannabis industry since the change of legislation in 2016.



Dr Imran Khan

ANZCCP Founding Board Member

The Chief medical officer of WeCan.com.au. He has held clinical leadership roles in the UK, Australia and Qatar. He is UK trained and an advocate and educator for the therapeutic use of medicinal cannabis.



Lisa Dick

ANZCCP Board Member

A registered nurse for over 30 years, endorsed as a Nurse Practitioner in 2016. In 2021 Lisa commenced specialising in medicinal cannabis and regularly presents at ACNP Conferences.



Prof Peter Gonski

A senior staff specialist geriatrician with more than 30 years experience. He is the Director at Southcare, Aged and Extended Community Care. He is also Clinical Stream Director of Aged Care and Rehabilitation at South Eastern Sydney Local Health District.



Prof Nicholas Lintzeris

A Conjoint Professor in Addiction Medicine at the University of Sydney and Director of Drug and Alcohol Services at South East Sydney Local Health District in NSW. He brings a wealth of knowledge and experience in the field of cannabis use and its disorders.



A/Prof Daryl Efron

A consultant paediatrician at the Royal Children's Hospital, Melbourne for over 30 years. He has a 25-year record in child neurodisability research, particularly psychopharmacology and child health services research, and is a recognised clinical and academic leader in developmental paediatrics in Australia.



Dr Jamie Rickcord

A GP and a psychoanalytic psychotherapist. In recent years he has set up Ananda Clinic in Northern NSW and focused on endocannabinoid medicine with a special interest in the treatment of trauma.



Dr Laurence Kemp

A compassionate GP and the Head of Medical at Cann I Help Pty Ltd since February 2021. Under his leadership, the clinic has expanded to include a team of over 30 doctors, earning the 'Best Clinic/Telehealth Service of the Year' award at the 2023 Cannabiz awards.



Dr Nic Giummarra

A VRGP who now specialises in Medicinal Cannabis prescribing, education, and advocacy and is an industry leader with the Cannabis Clinicians Australia, and has almost completed his Fellowship of Advanced Rural General Practice.



A/Prof Judith Lacey

Head of Supportive Care and Integrative Oncology at Chris O'Brien Lifehouse. Her primary interest is in the development and integration of supportive care interventions that include complementary therapies and integrative medicine.



Jit Chong

Founder of The Little Dispensary, in northern NSW, Jit brings over two decades of experience as a pharmacist. He is deeply committed to patient education and actively works to reduce the stigma surrounding the use of medicinal cannabis for treating various conditions



Mat Henderson

Principal Lawyer of Reparation Legal, a state lecturer in charge at Thomas More Law School at ACU and casual academic at Southern Cross University law school. He is a long-time advocate for better patient access to medicinal cannabis and drug law reform generally.



Natalie D'Alessandro

Passionate patient advocate and founder of Viz Medicinal, Natalie brings over two decades of business expertise to propel the cannabis industry forward. Focused on empowering female leaders, Natalie is dedicated to shaping a brighter future for patient access to cannabis as a potent and natural medicine.



Dean Apolloni

Acting senior pharmacist in the Special Access Section of the TGA specialising in access to unapproved therapeutic goods, in particular medicinal cannabis, MDMA and psilocybin. Prior to this, Dean has enjoyed a decade long career in community pharmacy centred around innovative pharmacy programs delivery.



Emily Rigby

A research scientist and passionate advocate for natural medicines. Emily has played an integral role in developing the Australian medicinal cannabis industry. Emily is Interim Chair of the Australian Medicinal Cannabis Association (AMCA), Chair of the International Society of Horticultural Science (ISHS) Cannabaceae Working Group and Chair of Australian Cannabis Cultivators (ACC).